



Application – Prajna Yoga 300 Hour Teacher Training Program

In order to receive a 300 Hr Teacher Training Certification from Prajna Yoga, you must have an existing 200 hour program certification from a Yoga Alliance registered school.

This is a “bridge program” with Yoga Alliance. The 300 hours you gain from Prajna Yoga courses, along with your 200 Hour Yoga Alliance certification, allows you to apply for the Yoga Alliance RYT 500. See the Yoga Alliance website for full requirements: www.yogaalliance.org.

Please complete this form and return it to the Prajna office with:

- ❖ A copy of your 200 Hour Certification
- ❖ 120 hours of teaching experience
- ❖ One 2 X 2 color photo in digital format
- ❖ Resume of yoga-related experience – 1 paragraph

Email address: prajnaoffice@gmail.com

Mailing address: 11 Toltec Rd., Santa Fe, NM 87505

If you have any questions, please call the Office at 505-988-5248

Name _____

[] Male [] Female

Address _____

City _____ State _____ Zip _____

Telephone Numbers: _____ Home Phone _____

Email Address _____

Date of Birth _____

Profession _____

1. Where and when did you complete your 200 hour yoga teacher training certification? In what style of yoga did you receive your certification? _____

2. List and describe your yoga teaching experience (minimum of 120 hours).

<u>Date</u>	<u>Description</u>	<u>Place</u>	<u>Hours</u>

3. If you are a studio owner, please supply your web site address and location. _____

4. What brought you to study with Tias Little? _____

Signature: _____

Date: _____

Prajna Yoga is a school registered with Yoga Alliance.

NOTE: Students that complete the Prajna Yoga 300 Hour program are NOT eligible to apply to become a Prajna Yoga Teacher. Students can apply the 300 Hour coursework to the Prajna Yoga 500 Hour program.